

KEYWORD	QUESTION	VIDEO	Link	Time-Stamp
BOOKS				
A Course in Miracles	Is Sanaya in agreement with the principles in A Course in Miracles?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:11:26
ABORTION				
abortion - guilt	How do spirits view abortion? How does one deal with guilt from an abortion early in their life?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:15:55
AFTERLIFE				
afterlife	My son on the other side is often very present with signs and other times he's quiet for a week or more. Do spirits have a limited amount of energy to expend at any given time?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:44:53
afterlife	Sanaya said the story continues after death because there are more lessons to be learned. I'm confused. What am I missing here?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:59:05
afterlife	What is it like on the other side?	Next Ten Questions About the Afterlife	https://youtu.be/MpQ_nmPqGZk	00:07:58
afterlife - communication	When I speak to loved ones who have passed, do they hear me?	Next Ten Questions About the Afterlife	https://youtu.be/MpQ_nmPqGZk	00:42:44
afterlife - communication	Is my loved one hearing me when I talk to them?	Ask Suzanne & Sanaya April 7, 2022	https://youtu.be/nEQVSQOUzv4	00:03:50
afterlife - create	We are beings of light on the other side, but is it also a sort of physical reality of its own? Do we create that reality?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:30:29

afterlife - dementia	If a person passes from severe dementia are they able to communicate normally once they cross over?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:24:31
afterlife - evolution	What is evolution like on the other side? Do guides and angels evolve?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:11:37
afterlife – evolution	After we pass through the veil, are we able to see and understand from the soul's perspective why we had certain experiences?	Q&Q February 2021	https://youtu.be/vwSqmGUEesg	00:06:35
afterlife - choice	On the other side do we have to be around people who are not nice or easy to be with like we do on earth?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:33:45
afterlife - hell	Is there a hell?	Top Ten Questions About the Afterlife	https://youtu.be/ZSyOx_BmbMg	00:18:31
afterlife - identity	When souls pass over do they eventually merge into one union and drop the identity they had here on earth?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:20:30
afterlife - gender	When we pass on, then do we become neutral – neither male nor female?	Ask Suzanne & Sanaya, 4/7/2022	https://youtu.be/nEQVSQOUzv4	00:23:43
afterlife - justice	Do our loved ones on the other side wish for justice or do they want the victimizers punished?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:18:22
afterlife - personality	What happens to the personality when someone dies? Can a medium connect to that personality?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	01:13:46
afterlife - privacy	Do my loved ones on the other side know what is going on in my life now?	Next Ten Questions About the Afterlife	https://youtu.be/MpQ_nmPqGZk	00:03:28
afterlife - privacy	Do our loved ones on the other side know what we are doing?	Top Ten Questions About the Afterlife	https://youtu.be/ZSyOx_BmbMg	00:35:38

afterlife - privacy	Can our loved ones in spirit see everything we do?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:34:42
afterlife - privacy	Can we disturb our loved ones on the other side if we bother them by wanting to connect too much?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:17:54
afterlife - relationships	Do we keep a special relationship with someone in spirit that carries on from the earth lifetime – such as a mother and daughter?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:36:52
afterlife - senses	Can those in spirit feel wonderful things like we do with our senses?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:18:30
ANGELS			-	
angels	Are angels souls with a particularly high vibration? Are souls chosen to become angels?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	01:04:53
ASTROLOGY			-	
astrology	Are our waves of emotion affected by the moon?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:3:07
BALANCE			-	
balance - heart/mind	How does a person get their logical mind and heart in sync? How does a left-brained person get to trust their heart?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:13:06
SENSES			-	
senses - seeing colors	How important are colors to us?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:46:39
senses - other side	Can those in spirit feel wonderful things like we do with our senses?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:18:30
CURRENT EVENTS			-	

current events - season	As we approach this holiday season, is there a certain practice or attitude that Joy (Source, God) would recommend for us?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:27:45
current events- season	Is it true that at this time of the year (late October) the veil between our world and the next is thinner and we can communicate easier?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:26:10
current events - covid	Does Sanaya tell you what is going to happen with the Corona Virus and how we are going to be when it's done?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:49:01
current events- division	How do we reconcile the dedication to spirit with the reality of what's going on today where hate and oppression are rising to such levels?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:45:16
current events, suffering	How do we rise above the despair of our world today?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:20:37
DEATH			-	
death - children	What about children who die?	Top Ten Questions About the Afterlife	https://youtu.be/ZSyOx_BmbMg	00:27:41
death – timing	Do our loved ones choose when they will transition?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:45:38
death - timing	Is there a reason if some passed that they just weren't ready to be back?	Ask Suzanne & Sanaya, 4/7/2022	https://youtu.be/nEQVSQOUzv4	00:40:00
death - earth bound spirits	What is going on when spirits seen to be stuck or not completely leaving to the other side?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:22:41
death - judgment	Are we judged for all of our actions when we die?	Next Ten Questions About the Afterlife	https://youtu.be/MpQ_nmPgGZk	00:18:42

death – precognition	If a loved one is ill and sense they are going to pass soon and then they do, how did they know that and what is their emotional state typically at that point?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:09:46
death - suicide	General question about suicide	Top Ten Questions About the Afterlife	https://youtu.be/ZSyOx_BmbMg	00:15:01
death - suicide	What have you learned about suicide from souls who have taken their own life?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:40:16
death - suicide	What happens to a soul who passed by suicide?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:42:37
death - traumatic	When someone dies in a horrific accident or event, does their soul feel the pain?	Next Ten Questions About the Afterlife	https://youtu.be/MpQ_nmPqGZk	00:33:50
death - traumatic	What happens when people die in traumatic accidents?	Top Ten Questions About the Afterlife	https://youtu.be/ZSyOx_BmbMg	00:12:22
death - traumatic	Do victims of violent deaths feel the pain?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:15:00
death - traumatic	Do those whose lives are taken by hands of another transition differently? Do they have a choice with that exit point?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:15:09
death - traumatic	Why do you suppose souls choose violent exits as opposed to a gentle transition?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	01:15:23
death - unborn babies	What about babies who die before they are born? Will we see them - how will we know them?	Next Ten Questions About the Afterlife	https://youtu.be/MpQ_nmPqGZk	00:23:05
DIVINATION TOOLS				
divination tools - pendulum	Do pendulums work and if so how does spirit manipulate them?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:07:47

DRUGS				
drugs - effect on connections	Are drugs or alcohol a possible help or likely hinderance to increased spiritual awareness and if they are a hinderance how does one know where to draw the line?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:09:45
ENERGY				
energy - clearing	How do you clear your energy as an empath? Is there such a thing as psychic protection?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:42:51
energy - Kundalini	What is the reason for Kundalini rising? What is one to do with that experience afterwards?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:07:54
energy - negative	What are some tools to use to avoid absorbing other's fearful, negative energy right now?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:32:07
ENVIRONMENT				
environment	How can I feel less sad about the environment with global warming and climate change?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:06:10
environment	Can Sanaya speak to the environmental concerns many in the world currently have?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	01:10:57
environment	What is the connection of weather and nature with the human soul experience?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:03:18
EUTHANASIA				
euthanasia	What are your thoughts on euthanasia?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:19:50
EVIL				
evil	Is there a purpose of a "madman" killing Jewish people praying in a synagogue? How does this act	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	01:06:14

	of terror in any way benefit mankind?			
evil	Are souls ever sent to earth to harm others - to be evil?	Next Ten Questions About the Afterlife	https://youtu.be/MpQ_nmPgGZk	00:16:13
EVOLUTION				
evolution- human	Has humanity moved forward to a higher resonance?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:50:47
evolution - afterlife	If a person is grumpy you've said they will be grumpy on the other side. Can they work on that or is it something they will always be even as their soul evolves?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:22:09
evolution, afterlife	Do we continue to evolve on the other side?	Next Ten Questions About the Afterlife	https://youtu.be/MpQ_nmPgGZk	00:11:44
EXTRATERRESTRIALS				
extraterrestrials	Are there other worlds - other beings?	Next Ten Questions About the Afterlife	https://youtu.be/MpQ_nmPgGZk	00:25:37
extraterrestrials - Arcturians	Are Arcturians real?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:19:14
extraterrestrials	What does Sanaya say about inter-dimensional beings and other forms of life in the cosmos?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:48:19
extraterrestrials - myths	Are paranormal aspects of reality that seem to cross cultures and times like Bigfoot or Loch Ness -are they some type of inter-dimensional beings?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:03:54
FEAR				
fear - spirits	I'm a spiritual person and I'm really interested in mediumship, but I'm also afraid	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:31:27

	of ghosts due to my family culture. How can I get over that deeply rooted fear from my upbringing?			
fear - spirits	Can you comment on the phenomenon- poltergeist? There's currently a BBC podcast about a famous poltergeist case from London in 1956 that is very compelling.	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:37:39
GENDER				
gender-transgender	Is there a particular purpose in a soul coming here as a transgender individual? What is a decision made by the soul before coming to earth?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:33:15
gender - choice	Does the soul choose the sex it is born into?	Ask Suzanne & Sanaya, 4/7/2022	https://youtu.be/nEQVSQOUzv4	00:22:56
GENEALOGY				
genealogy	What is the importance of family history if any?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:43:36
GOD				
God, Source, Joy	Is Joy the same as Spirit and also the same as Love?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:47:44
God -	Do we get to choose if God is male or female?	Ask Suzanne & Sanaya, 4/7/2022	https://youtu.be/nEQVSQOUzv4	00:21:08
GRIEF				
grief, spirit connection	How can I have contact with my loved one on the other side when my grief is so hard?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:34:47
GUIDES				
guides- control	Can the deceased help us against our will, and if so, do they?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:37:03

guides - privacy	If our guides are always around us, how do we get any privacy?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:33:06
guides - privacy	Can our major spirit guide work with more than one person at a time?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:50:22
HEALING				
healing- desire/intent	How can desire help us toward healing?	Ask Suzanne & Sanaya, 4/7/2022	https://youtu.be/nEQVSQOUzv4	00:19:00
HUMANITY				
humanity - future	When our world switches to 5D, what happens to those who aren't holding that frequency?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:34:59
humanity - future, education	What will our education systems look like in the future - will there be a reconnection of love and spirituality in our education?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:30:41
humanity - peace	Will there ever be peace on earth?	Next Ten Questions About the Afterlife	https://youtu.be/MpQ_nmPqGZk	00:28:55
humanity - peace	Will there ever be peace on earth?	Top Ten Questions About the Afterlife	https://youtu.be/ZSyOx_BmbMg	00:30:26
IMAGINATION vs REAL				
imagination	How do we know the difference between our imagination and what might feel real ?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:03:13
imagination	How do we determine if messages are real or just our imagination?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:21:14
imagination - thoughts	How can I better discern what thoughts, images and sensations come from me or is it all one mind? Where do our thoughts originate from?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:25:20 :
INCARNATION				

incarnation	Why do we become blinded to who we really are when we incarnate? We don't know the rules of the game we are in,	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:27:33 :
incarnation	Are any humans ever born without souls?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	01:17:14
incarnation - ego	What is the purpose of the ego?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:29:43
Incarnation - feelings	I come from a Catholic background and now having a spiritual awakening. I'm having trouble accepting myself as a powerful spiritual being who can directly connect with God and is worthy of his attention.	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:38:14
incarnation - feelings	What does it mean when you just can't stop crying for no reason?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:41:32
incarnation- purpose	Is life like a game, like play for our soul? Why do souls need to come here if we are already perfect – maybe earth isn't a school, but instead a game for our soul to have fun, create, or experience entertainment?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:20:47
incarnation - purpose	What is my purpose in life?	Next Ten Questions About the Afterlife	https://youtu.be/MpQ_nmPqGZk	00:47:24
incarnation -purpose	What truly is the point of all of this?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:30:07
incarnation - soul	When does a soul enter an unborn baby?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:37:03
incarnation – subconscious	Since consciousness is such a big part of being aware, how does the subconscious play into the equation?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:35:24
Incarnation - choice	Does the soul choose the sex it is born into?	Ask Suzanne & Sanaya, 4/7/2022	https://youtu.be/nEQVSQOUzv4	00:22:56
INTUITION				

intuition -	Could my mom's intuition that my brother is not settled be valid?	Ask Suzanne & Sanaya, 4/7/2022	https://youtu.be/nEQVSQOUzv4	00:34:05
LOVE				
love - experience	I hear people talking about love, love, love. I can't feel it. How can I best experience this love that everyone talks about?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:07:50
love - other side	In there a spectrum of love on the other side, or is it all a pure love?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:22:51
love - soulmate	In regard to finding love in the digital age of dating, do we have to search for our soulmates or trust that life brings this person to us at the right time?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:39:12
MEDITATION				
Meditation - quiet mind	The words keep me from stepping away from my thinking mind. What can I do about that?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:39:45
meditation - frequencies	Do you have advice about using binaural beats? Is it better to use high frequencies to raise our vibration or to use lower tones to get into a meditative state?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:09:23
meditation - anxiety	My long-time meditation practice has all of a sudden shifted from insightful to anxiety filled and all jumbled up. Is this normal?	Ask Suzanne & Sanaya, April 7, 2022	https://youtu.be/nEQVSQOUzv4	00:09:23
meditation – time	How long did it take you to feel you were connecting to your stepdaughter when you would meditate?	Ask Suzanne & Sanaya, 4/7/2022	https://youtu.be/nEQVSQOUzv4	00:13:30

meditation - doubt	What do I do when I doubt my experiences in meditation?	Ask Suzanne & Sanaya, 4/7/2022	https://youtu.be/nEQVSQOUzv4	00:31:12
meditation – spirit guides	When I meditate, I have difficulty contacting my spirit guides and I'm wondering if you could give me guidance on how to do it differently?	Ask Suzanne & Sanaya, 4/7/2022	https://youtu.be/nEQVSQOUzv4	00:46:57
MEDIUMSHIP				
mediumship – accuracy	If one receives conflicting messages from different mediums, what's your advice on how to know which is more accurate?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:13:37
mediumship - channeling	Why does the Divine come through different channelers (like Suzanne or Esther Hicks or Edgar Cayce) in different ways?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:06:37
mediumship - clarity	I can feel when someone is dying, but I don't know who it is. I don't know what they want at the moment. Is this a calling for me to help them?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:54:48
mediumship - hereditary	Is mediumship hereditary? Is it passed in DNA?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:13:58
mediumship - incarnate	Do you ever get messages from someone still living?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:41:26
mediumship - incarnate	Can we speak to the consciousness of people who have not yet crossed the veil?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:28:18
mediumship - readings	Do you ever get a spirit that the sitter doesn't know but the spirit has a message for the sitter or someone the sitter knows?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:19:29

mediumship - readings	Is there something a sitter can do in the reading to aid the medium?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:38:36
mediumship - readings	What determines who will show up from the other side in a reading?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:33:37
mediumship - readings	How can I get more evidential information in a reading?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:52:48
mediumship - readings	If I had died – the first thing I would want to tell my family is what exactly the afterlife is like and what I have learned about life, etc. So, why are all the messages in readings mundane? Why not share the profound truth they learned since they died?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:14:54
mediumship - readings	If the spirit that comes through wants to make amends for treating the sitter badly and the sitter is nervous about hearing from this spirit, are there any suggestions for this situation?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:05:01
mediumship - timing	Is it more difficult to connect with newly passed loved ones vs. loved ones who have been gone for some time?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:50:55
NEAR-DEATH EXPERIENCE				
near-death experience	Please shed some light on why some people have distressing or even hellish near-death experiences.	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:08:19
OUT OF BODY				
out of body experience	Can you explain about me leaving my body and returning?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:51:52
PETS				

pets - soul	Do animals have a soul bond with us to reincarnate and come back to us again?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:02:17
pets - soul	Will we see our pets again? Do pets have souls?	Top Ten Questions About the Afterlife	https://youtu.be/ZSyOx_BmbMg	00:38:51
PRAYER				
prayer	Since we create our own reality, and we have a life plan that we make before we come here how does prayer fit in?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:01:13
prayer	When you pray in your "prayer language" are you praying with your guides or is your soul communicating with Source?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:24:25
PURPOSE				
purpose - finding	How do we find our purpose in life when we feel lost?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:24:15
purpose - finding	How can I find my purpose?	Ask Suzanne & Sanaya, 4/7/2022	https://youtu.be/nEQVSQOUzv4	00:24:50
REINCARNATION				
reincarnation	When we come back for another lifetime, does our energy remain in the spirit world?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:36:52
reincarnation	Are aspects of our higher consciousness experiencing reincarnation simultaneously?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:34:48
reincarnation	Do we have a choice whether or not we come back to live another lifetime?	Next Ten Questions About the Afterlife	https://youtu.be/MpQ_nmPgZk	00:14:11
reincarnation	Do you believe in reincarnation?	Top Ten Questions About the Afterlife	https://youtu.be/ZSyOx_BmbMg	00:45:03
reincarnation	What if my loved one reincarnates before I die?	Top Ten Questions About the Afterlife	https://youtu.be/ZSyOx_BmbMg	00:46:41

reincarnation	When people reincarnate and come back to earth, can we still communicate with their soul?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:48:59
reincarnation	Is there a set number of souls that reincarnate or are there new souls that come in?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:38:04
reincarnation - Karma	Please explain Karma and how that works on our soul's journey.	Q&A November 2020	https://youtu.be/3DauluHqngU	00:16:40
reincarnation - Karma	Does Karma always need to be lived out during our lifetime or as a soul grows in compassion can Karma be removed from grace because the soul develops a new perspective?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:44:50
RELATONSHIPS				
relationships - family	Can Sanaya please speak to the complexity one can find in family relationships?	Ask Suzanne & Sanaya, 4/7/2022	https://youtu.be/nEQVSQOUzv4	00:43:20
00:43:20RELIGION				
religion -mediumship	How do you integrate the Buddhists view of the world into your experience as a medium?	Ask Suzanne & Sanaya, April 7, 2022	https://youtu.be/nEQVSQOUzv4	
SOUL				
soul - birth	When does a soul enter an unborn baby?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:37:03
soul - dementia	When people are in a coma or have dementia is their soul there?	Top Ten Questions About the Afterlife	https://youtu.be/ZSyOx_BmbMg	00:21:46
soul - light	Can you please explain in practical terms what "turn up your light" means?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:11:56
SOUL PLAN				
soul plan - choice	Does a soul come to earth by choice and do we choose our family?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:09:46

soul plan - death	Does our soul know when we are going to die? Did we make this decision before we came to earth?	Top Ten Questions About the Afterlife	https://youtu.be/ZSyOx_BmbMg	00:25:24 :
soul plan - death	Do we have exit points?	Top Ten Questions About the Afterlife	https://youtu.be/ZSyOx_BmbMg	00:28:25
soul plan - illness	Why are people born with disabilities or mental illness?	Top Ten Questions About the Afterlife	https://youtu.be/ZSyOx_BmbMg	00:32:58
soul plan - suffering	If we are creating our reality, why is it that our worst nightmares are created by other people?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:11:27
soul plan - suffering	If we designed our own destiny, why have so many people and animals created a life of misery and poverty?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:13:28
soul plan - twins	Can you expand on the question about identical twins – the soul's purpose as a twin? (originally asked in the earlier mentoring session)	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:25:46
SPIRIT COMMUNICATOIN				
spirit communication - ability	Is it possible that some souls come to Earth in human form with a soul contract that no matter how much they meditate or sit in the power, they will never be able to connect with spirit?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:56:07
spirit communication - ability	Since we create our own reality, and we have a life plan that we make before we come here how does prayer fit in?	Top Ten Questions About the Afterlife	https://youtu.be/ZSyOx_BmbMg	00:07:22

spirit communication - ability	I've tried asking for signs - mostly I don't get any. Is there a vibrational component to why some can communicate with spirit and some don't?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:04:43
spirit communication - ability	What is the connection of our emotional health and ability to connect - how can we heal from feeling unworthy to connect?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:05:21
spirit communication - adoption	I worry about losing the attachment to my child who has passed and was adopted. Are connections different if not biological?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	01:03:15
spirit communication - learn	Where is the best place to start connecting across the veil - with spirit guides or a close friend or relative who has transitioned?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:56:03
spirit communication - seasons	Is it true that at this time of the year (late October) the veil between our world and the next is thinner and we can communicate easier?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:26:10
TEACHERS				
teachers - spiritual	There are so many calling themselves spiritual teachers. How do we know what is true and who to follow?	Q&A November 2020	https://youtu.be/3DauluHqngU	00:25:29
TECHNOLOGY				
technology - soul phone	Do you have any thoughts on the Soul Phone?	What's the Point of All of This?	https://youtu.be/XRbqSGkaic4	00:54:10

technology -effect	If we develop technology that allows anyone to communicate with our loved ones in the afterlife, would that be detrimental to our spiritual development because it would make it less difficult to learn our lessons here on Earth?	Q&A October 2018	https://youtu.be/i9Y4rmn_Mjg	00:53:35
TIME				
time – past and future	Basically, is it correct that past and future sort of impact one another as they are simultaneous? My brain cannot compute that and I'm wondering about fossils or a Viking sword found in a melting glacier. How does time work when we have artifacts from what seems to be the past?	Q&A February 2021	https://youtu.be/vwSqmGUEesg	00:47:01