



Your Place in the Cosmos Explained

A Spontaneous Discourse from Sanaya

Explaining The Matrix by

Suzanne Giesemann at 0730 on February 13, 2020

Note from Suzanne: I entered my meditation room and felt the question in my mind of how to explain to people how any of us can attune to another person like a medium does, whether that person is in physical body or not. I was drawn to stand before a framed poster I have of the artist Alex Grey's "Universal Mind Lattice." Looking at the lattice, I received an instantaneous download of information. The answer to my question and much more was contained in that one burst of "knowing." I sent the thought, "How do I put this into words?" I received back the awareness that if I sat and began writing, it would be spelled out for me word by word. What follows is that transmission that flowed without stop over the next half hour.

You say you do not understand how you can connect to others who are not in your "sphere of influence," so to speak, for the nodes of your human energy field do not intersect with those nodes of those you have never met.

First and foremost, understand that there is only one Field of Divine Intelligence, which you are well invited to call Joy or Love, for that is most certainly the essence of the field. You could call it Creativity as well, but we digress ...

Picture a grid, but you would be well advised to call it a matrix—a word which derives from the Latin "mater," meaning mother. This field is the womb of all creation.

Now, let us focus today on the nodes. Picture a dense matrix of points. These points you could visualize fitting within, or shall we say, bound by any shape at all, for the field itself is boundless. Draw any shape, and it would be filled with and also delineated by points. You draw a 3D shape on a piece of paper, or what looks like/represents a 3D shape, and you think it is stand-alone. No, you have simply delineated a new field within The Field. The nodes are like graph paper without the lines.

To get back to the original question, say you are in one quadrant or corner of the graph paper, which of course would be a subset of a larger paper and a larger one, for again we remind you, the field is limitless, boundaryless. You are in one quadrant and one with whom you wish to connect telepathically is in another quadrant. Call each quadrant "a reality." They are simply overlaying pieces of graph paper, but this is a limited analogy, for these quadrants are actually three dimensional portions of a matrix, of The Field.

Within your immediate vicinity on the matrix, the graph, are those who circle about you in your sphere of influence: your family, your colleagues, your friends. All of their fields are simply vibrating nodes. They are not moving, per se. The field itself does not move; it simply vibrates.

Picture a wave in the ocean. The ocean does not move. The waves do not move. They convey energy. Put a ball atop a wave and watch: the wave undulates. The ball rises up and down. The water has not moved. Energy has been transferred.

This is why those in spirit have told you, "There is only here." You are a standing wave of localized consciousness within the Matrix of Divine Consciousness. You do not go anywhere to communicate with others. They do not "come to you" in a reading. Their energy-information is attracted and flows toward the vacuum created when you ask a question or issue an invitation.

Your thoughts of another or your intention to connect, which is the self-same thing energetically, sends a ripple of energy through all of the interconnections, the nodes between you in the Field of Light.

"Then why do we appear to move about in our reality"? you ask. "Why do spirits tell us they are right here in the room with us?"

We will get to this later, for now we continue with the explanation of your interconnection.

There are those with large spheres of influence and those with smaller. The more refined the vibration the farther the influence. The more one soul interacts with others, the larger the influence in your world. Ripples do go out, like waves on the ocean. Remember: the water does not move. It is a transfer of energy that oscillates.

And so, a person meets you at work while traveling. They and you are now entangled. Now you have an energetic connection with everyone in their sphere of influence by energy transfer. Neither of you at the energy level has gone anywhere, for you are an aspect of Consciousness. Your true nature is an expression of that One Mind—the Field. You and your travelling colleague's energy fields have interacted.

This is what happens on your reality level. Now picture those at the spirit guide and angelic levels. They interact with far more than most at the human level have the opportunity to do, unless the human is in a position of influence. The ripples of an angel can connect beings at any point in the human realm and beyond.

Picture an angel's wings enfolding a large area and now turn those wings into a sphere, literally a sphere of influence. Your guides serve the same purpose in mediumship. They are well connected to your sphere. They spread their waves and connect with the guides of those with whom you are working in a reading.

Energy is then transferred between all of you via these helping conduits. The guides need not communicate for the sitter or the spirit: they simply hold sacred space, as you would understand it. They are like your phone operators of old, connecting the dots—the callers, via “wires” of energy.

Your masters are able to interact with nodes on the entire grid of humanity, which is one sphere of influence within many. It is all nested. The angelic realm is not a separate space on a piece of graph paper. It is a finer grid, a more densely packed matrix of nodes, if you will, such that they touch all lives.

Are you beginning to get the picture?

Picture filaments connecting billions of lights—of stars in a limitless twinkling sky, and you will see that your “thousand points of light” analogy is an apt one to describe how we see your world. But never forget: It is not a world apart from ours. We are all lights within the Matrix of Divine Love—the only Matrix that exists.

And now, as to why those around you in what you call “the physical world” appear to move: picture pixilation on your old-technology televisions. The pixels lighted up one after the other giving the appearance of movement, did they not? This is why sages for ages have referred to your current reality, or better said, your current experience, as an illusion.

The nodes within the grid of Consciousness oscillating, or lighting up, as you might understand it, do so so rapidly and so orderly, that to you it appears as movement. This pixelated lighting up is happening on the screen of what you call “your” consciousness, but what you think of as “yours” is only one tiny field of consciousness within the Field of All Consciousness, the Matrix, actively vibrating and playing out the movie of your life in consciousness. In this way, it is an illusion, for you are not truly moving, you, the soul.

What is a soul, but an aspect of Consciousness. What is a human, but the patterns of that soul’s consciousness that are lighting up pixel by pixel so rapidly so as to give the appearance, the illusion of movement.

Sit on a bicycle whilst riding and notice that you can take the perspective of being still while the road and the scenery move past you. You appear to be still and all else is moving. This is how it is for the soul. It appears that the world and those in the room are moving about you. It appears your arms and legs are moving about “you,” but all is truly patterns of movement on the screen of the soul’s consciousness.

Start to see the world differently and you will understand that all you have ever had is experiences of sensations, thoughts, and feelings, all arising within awareness/consciousness.

This is your little corner of the universe, yet as an indivisible part of the One Field of Light, you are intimately connected to every other node in existence. Every one. And because it is an informational matrix made of intelligence and creativity, all creativity and intelligence is accessible to you, thanks to the cooperative nature of so-called higher aspects of intelligence you call guides and angels.

These are merely names: “guides,” “angels,” “masters.” What they are are fields of intelligence that serve as bridges between those smaller fields within the Field. The soul is your bridge. Do not remain limited in your perception, captured by images on a screen, so drawn into the story playing there that you fail to realize you are a self-luminous light in a field of far more than a thousand points of light.

There is only One Field.

By way of an alternate analogy, you have one alphabet with 26 letters that make up myriad combinations of words. You could not have the words without the letters, and you could not have the letters without the alphabet. The letters are aspects of the alphabet, but they are not the entirety of the alphabet. Yet, the alphabet contains the entirety of the letters.

You, as a point of consciousness within the Field, the Matrix, are like a letter in the alphabet. The Matrix is the alphabet. You are intimately part of the Matrix. YOU DO NOT EXIST APART FROM THE ALPHABET. Imbued with free will, creativity, and intelligence—some of the innate aspects of Consciousness, you may go off on your little journeys for a while and create words and worlds—little fields within fields of your own, but ultimately your words will get scrambled and the letters will return to the alphabet, and the alphabet will say, “It is good.”

You are so very loved. How could it be anything but so? You are an expression of Love, a shining love-light, in a Field of Infinite Love, connected with all others. As a result of our discourse today, may you see and feel the interconnectedness of all beings. May you see all as points of light as well and not take the drama playing out on the screen of each light’s consciousness so realistically that you forget you all share and have the power to radiate the same Light. The alpha and the omega ... all one alphabet.

That is all.

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